



# **New Horizon Community School**

## **SEX EDUCATION POLICY**

**2018-2019**

Updated: January 2019

Date of next Review: November 2019

It is the policy of New Horizon Community School that all girls should receive a well planned, comprehensive programme of Sex Education during their school career. This should be relevant to the age of the girls and delivered with due regard to the moral ethos of the School and its values.

Under this Education Act, parents have the right to withdraw their children from all or part of the Sex Education Programme, except for those compulsory aspects taught as part of the Science National Curriculum.

Parents who wish to exercise the right to withdraw their children from the programme should write to the Head Teacher to inform her of their decision. They will then be invited to discuss this decision with the Head Teacher. Once a girl has been withdrawn from the programme they cannot later take part in lessons without parental permission.

### **Aims of the Programme**

- To provide information for girls within a supportive educational framework
- To encourage respect and tolerance for other people and an understanding of all types of relationships
- To encourage personal responsibility and self esteem
- To help develop the ability to make decisions about one's own lifestyle and to provide the skills to respond to peer pressure
- To understand the relationship between sexual behaviour and a healthy lifestyle
- To promote understanding of the links between sexual behaviour and other related issues, such as alcohol or drug use
- To enable girls to identify appropriate sources of personal support

### **Programme Content**

Sex education forms part of the curriculum throughout the whole school; the outline scheme of work attached indicates in which year each topic is delivered and in what context. This will mainly be in the context of PSHE and Science lessons. These lessons may be delivered by designated subject tutors, by form tutors in PSHE lessons, or by the PSHE co-ordinator.

Moral and ethical issues may be raised in the teaching of other subjects. As long as any discussion that occurs takes place within the context of that subject, it will not be deemed to be part of the Sex Education Programme and, therefore, not subject to the parental right of withdrawal.

### **Related Issues**

Girls may from time to time seek advice from a member of staff regarding sex education related topics, outside the scope of the normal curriculum. It is hoped that girls will feel able to talk to an adult and to know that they will receive help and support if at all possible. It is, however, important that the following guidelines are adhered to, as appropriate to the age of the girl.

- The girl should be made aware that some information cannot remain confidential if a girl's emotional or physical safety is at risk and/ or illegal activity has occurred; in these instances the member of staff concerned will need to pass on certain types of information to other appropriate adults. At the same time the girl should be offered appropriate support.
- If any form of abuse is suspected, this should be reported to the Designated Safeguarding Lead immediately for consideration and appropriate action, in accordance with the School's Safeguarding Policy.
- If requests for advice on contraception (outside the context of the PSHE programme) or a disclosure of pregnancy are made, again the girl should be supported. She should be encouraged to discuss the matter with her parents and offered help to do so if needed. If a

girl refuses to do so, then the help of a suitably qualified health professional will be sought and advice taken as to the appropriate course of action.

- It should be remembered that although our primary concern must be for the welfare of the girl concerned, we must also be careful to remember the rights and concerns of the parents or guardians.

### **Review**

This policy is reviewed every year by the Senior Management Team.

## Junior School Sex Education Programme 2013-2014

Year	PSHE/Form Time	Science	Religious Studies
1	Medicines and their use in context with themselves.	Ourselves – parts of the body.	Easter celebrations, e.g. giving of Easter eggs
2	Use of medicines, can be harmful if not used properly		
3	Use and abuse of medicines, effects and risks		Different cultures and the way in which they celebrate important events, e.g. weddings
4	Personal organisation, danger from stranger, self-esteem		Friendships, saying 'No'
5	Friendships, keeping safe at home and at school	Puberty & Addictive substances.	Rights and responsibilities, rites of passage, e.g. Bar-mitzvah
6	Male and Female reproductive organs. Puberty and menstruation. Pregnancy, birth and care of the girl		

## Sex Education Programme 2015-16

Year	PSHE	Science	Religious Studies
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7	Puberty	Human life cycle, changes at puberty. Structure and function of male and female reproductive organs, gametes, menstruation. Fertilisation, development of foetus and care of baby in humans and other animals.	
8	Changing Relationships		Parent/girl relationships;
9	Contraception	Hormones in menstrual cycle. Chemical contraception and IVF	
10	Contraception, STIs, abortion, conception and family planning, family relationships  Outside speaker to explore consent	Hormones in menstrual cycle. Chemical contraception and IVF (this year only)	GCSE Islam and relationships; attitude to sex before marriage; contraception and marriage
11	Holidaying alone Relationships Sexual Health Sexual behaviour in relation to drinks, drugs & alcohol	All – reproductive hormones, genetic determination of sex; Separate Science – diet and pregnancy	Abortion
12	Sexual Health. Issues concerning sexuality - specifically homosexuality	Methods of disease transmission (only if studying Biology at AS)	Abortion Law, complexities of personhood, rights & sanctity of life. The various responses from ethical theories. (only if studying RS at AS)
13	Sexual Health. Issues concerning sexuality - specifically homosexuality	Control of the menstrual cycle. (only if studying Biology at A2)	Sexual ethics – contraception, marriage, adultery, homosexuality, sex outside marriage. The responses of ethical theories. (only if studying RS at A2)